

Mental Health & Psychosocial interventions are essential in conflict transformation

1. Evidence for community interventions
2. Consequent range of interventions on different levels
3. Some examples from the field

EIN BRIEFWECHSEL



ALBERT EINSTEIN — SIGMUND FREUD

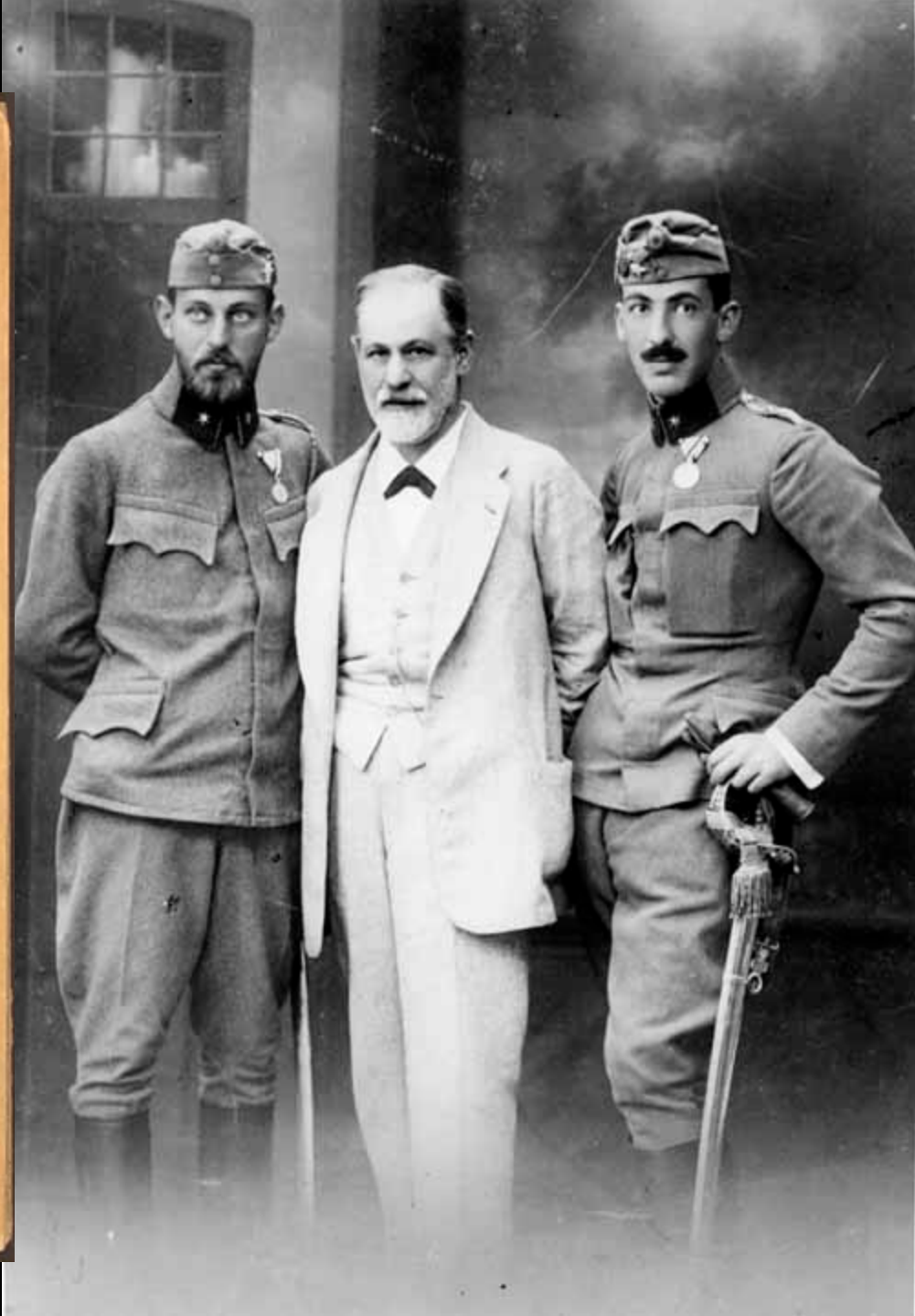
V
Ö
L
K
E
R

*WARUM
KRIEG ?*

B
U
C
H

INTERNATIONALES INSTITUT FÜR GEISTIGE ZUSAMMENARBEIT

2, RUE MONTFENIER - PALAIS-ROYAL - PARIS





SHELL SHOCK



Lifetime Events and Posttraumatic Stress Disorder in 4 Postconflict Settings

Joop T. V. M. de Jong, MD, PhD

Ivan H. Komproe, PhD

Mark Van Ommeren, PhD

Mustafa El Masri, MD

Mesfin Araya, MD

Noureddine Khaled, PhD

Willem van de Put, MA

Daya Somasundaram, MD, MRCPsych

MOST OF MENTAL HEALTH research on refugees and displaced people and violence-torn populations has taken place in the West.¹ In low-income countries, refugees and displaced people often face an uncertain future with respect to food, shelter, physical security, and human rights violations. In contrast, refugees living in the West are more likely to face problems

Context Little is known about the impact of trauma in postconflict, low-income countries where people have survived multiple traumatic experiences.

Objective To establish the prevalence rates of and risk factors for posttraumatic stress disorder (PTSD) in 4 postconflict, low-income countries.

Design, Setting, and Participants Epidemiological survey conducted between 1997 and 1999 among survivors of war or mass violence (aged ≥ 16 years) who were randomly selected from community populations in Algeria (n=653), Cambodia (n=610), Ethiopia (n=1200), and Gaza (n=585).

Main Outcome Measure Prevalence rates of PTSD, assessed using the PTSD module of the Composite International Diagnostic Interview version 2.1 and evaluated in relation to traumatic events, assessed using an adapted version of the Life Events and Social History Questionnaire.

Results The prevalence rate of assessed PTSD was 37.4% in Algeria, 28.4% in Cambodia, 15.8% in Ethiopia, and 17.8% in Gaza. Conflict-related trauma after age 12 years was the only risk factor for PTSD that was present in all 4 samples. Torture was a risk factor in all samples except Cambodia. Psychiatric history and current illness were risk factors in Cambodia (adjusted odds ratio [OR], 3.6; 95% confidence interval [CI], 2.3-5.4 and adjusted OR, 1.6; 95% CI, 1.0-2.7, respectively) and Ethiopia (adjusted OR, 3.9; 95% CI, 2.0-7.4 and adjusted OR, 1.8; 95% CI, 1.1-2.7, respectively). Poor quality of camp was associated with PTSD in Algeria (adjusted OR, 1.8; 95% CI, 1.3-2.5) and in Gaza (adjusted OR, 1.7; 95% CI, 1.1-2.8). Daily hassles were associated with PTSD in Algeria (adjusted OR, 1.6; 95% CI, 1.1-2.4). Youth domestic stress, death



Daily stressor related to conflict

Event

**Mental
health**

Daily stressors unrelated to conflict



Contents lists available at SciVerse ScienceDirect

Social Science & Medicine

journal homepage: www.elsevier.com/locate/socscimed



Short report

The mechanisms that associate community social capital with post-disaster mental health: A multilevel model

Tim R. Wind^{a,b,*}, Ivan H. Komproe^{a,c}

^a HealthNet TPO, Department of Research and Development, 1074 VJ Amsterdam, The Netherlands

^b Arq Psychotrauma Expert Group, Department of Research, Nienoord 5, 1112 XE Diemen, The Netherlands

^c Utrecht University, Faculty of Social and Behavioral Sciences, 3508 TC Utrecht, The Netherlands

ARTICLE INFO

Article history:

Available online 27 July 2012

Keywords:

Social capital

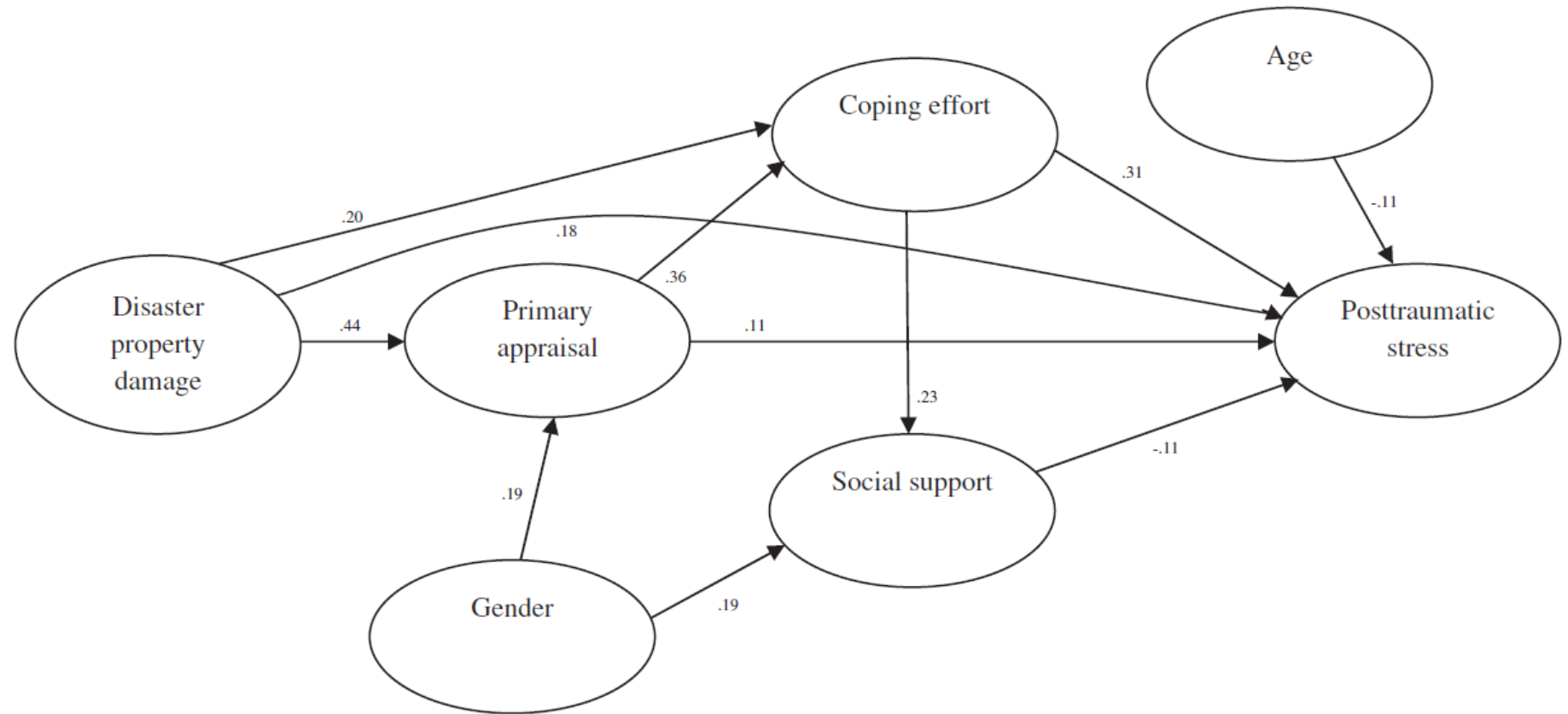
Mental health

Disaster

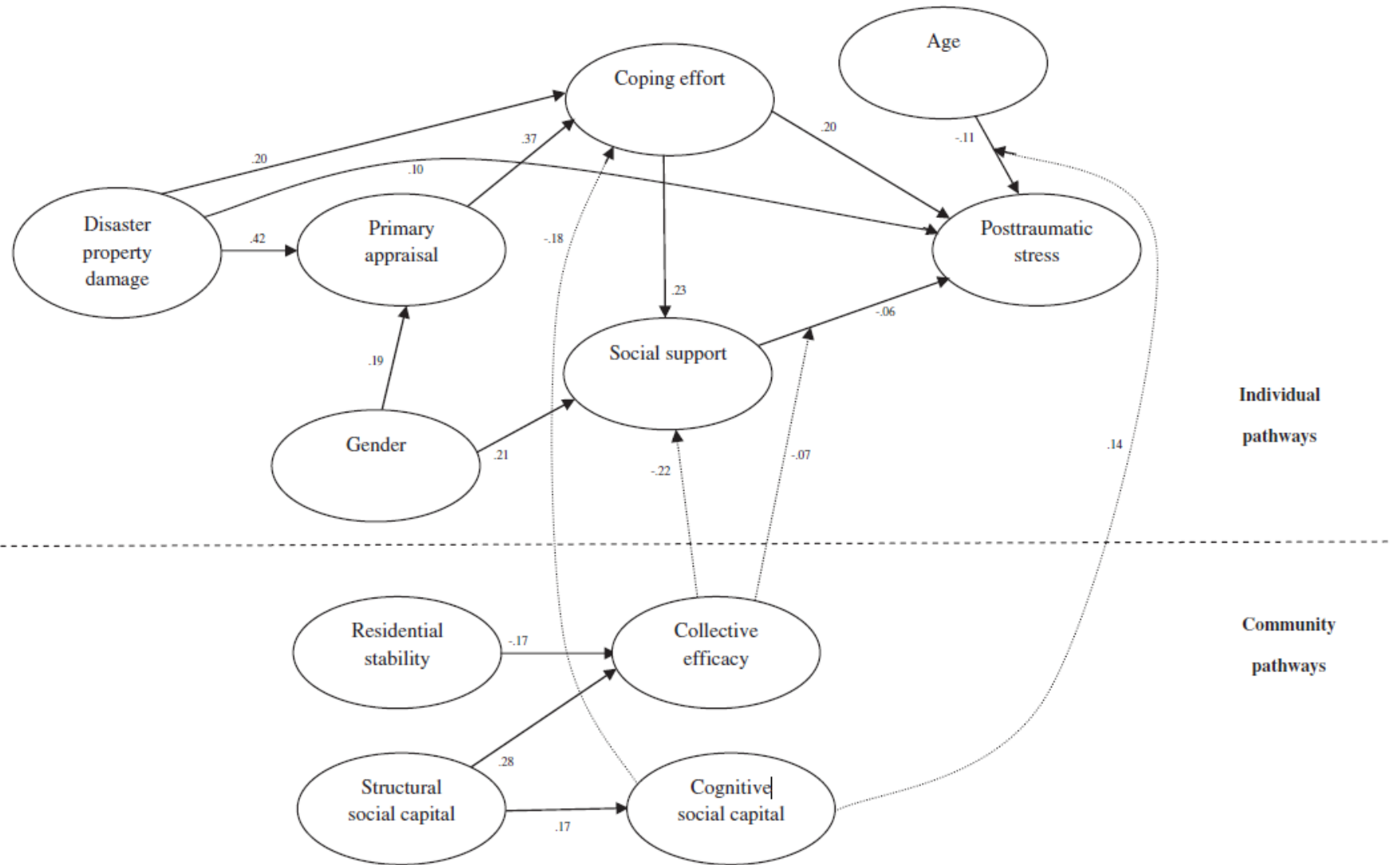
Multilevel modeling

ABSTRACT

Many scholars have advocated that the time has come to provide empirical evidence of the mechanisms that associate community social capital with individual disaster mental health. For this purpose we conducted a study ($n = 232$) one year after a flood (2008) in Morpeth, a rural town in northern England. We selected posttraumatic stress as an indicator of disaster mental health. Our multilevel model shows that high community social capital is indirectly salutary for individual posttraumatic stress. In particular, in communities (defined as postcode areas) with high structural social capital, the results suggest that individuals confide in the social context (high cognitive social capital) to address disaster-related



$\chi^2 (10) = 13.73, n.s.$; RMSEA=.056; AIC = 4030.63; LRT = -1997.32

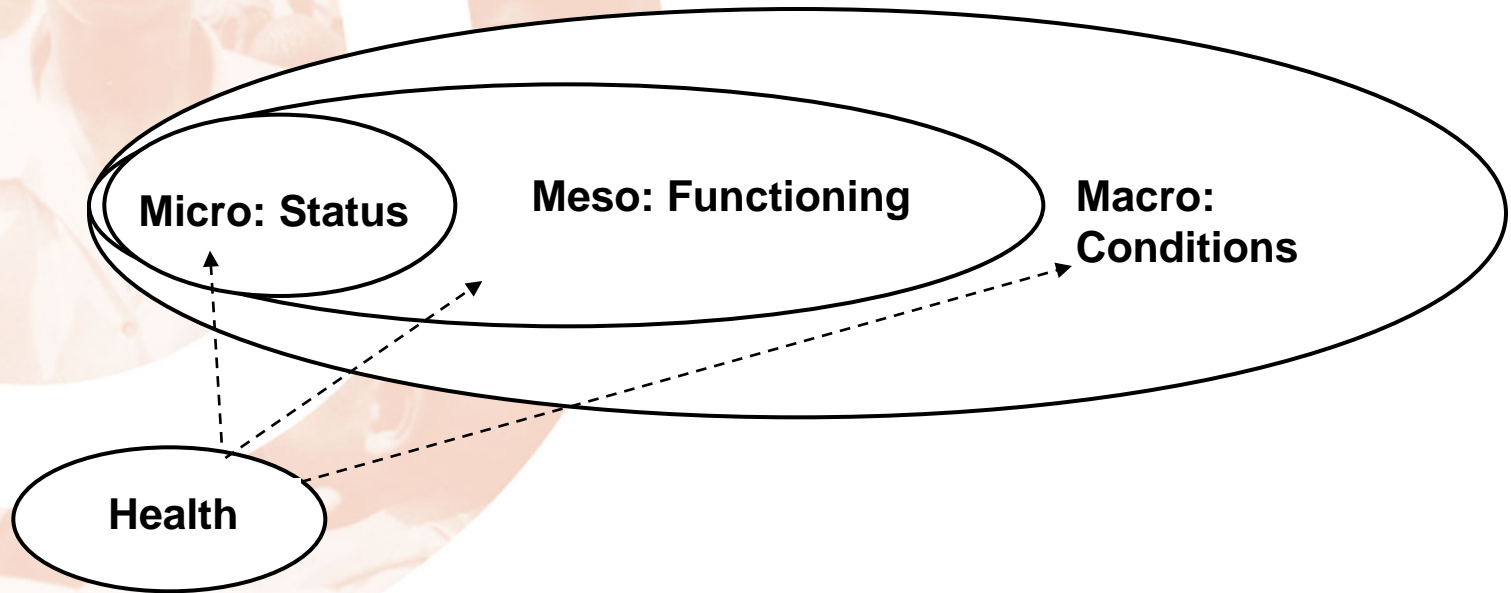


A conceptual framework

**Complaint/illness
of Individual**

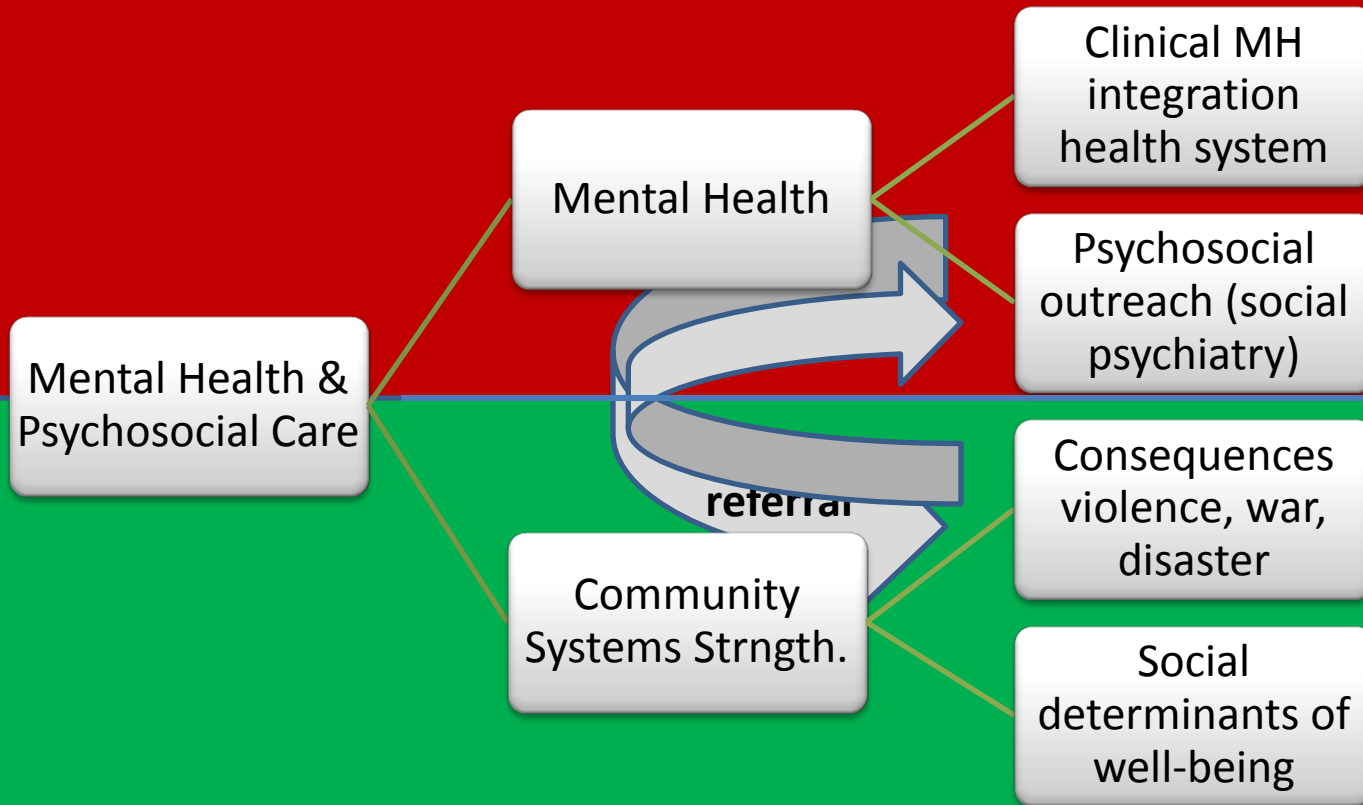
**Problems/malfunctioning
In household/community**

**Lack of structures and/or
resources in society/region**



Anchored in health system

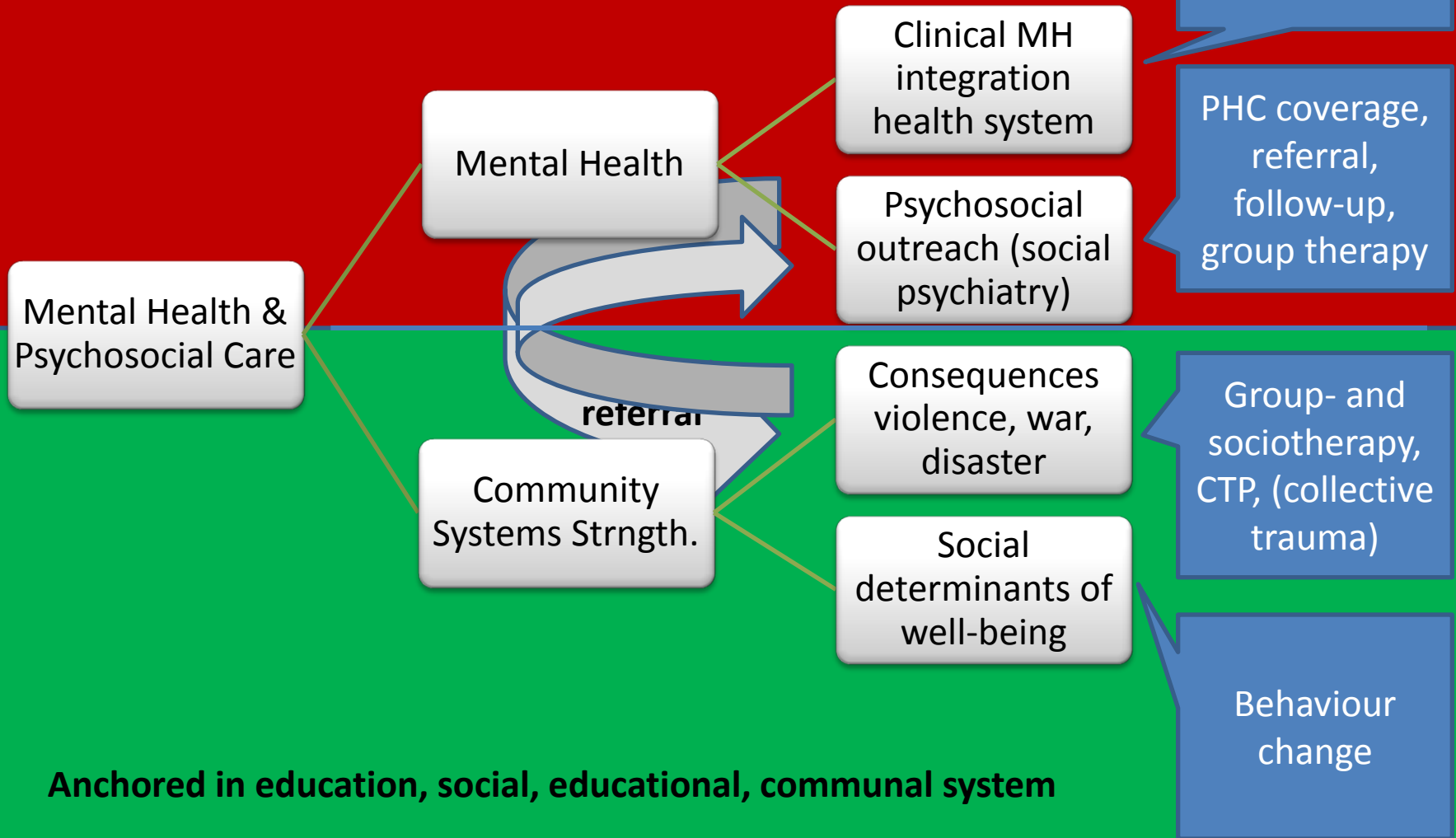
Area of work



Anchored in education, social, educational, communal system

Anchored in health system

Area of work



Anchored in education, social, educational, communal system











Conflict shatters societies

MARIE ALEXANDRINE MARTIN

CAMBODIA

A SHATTERED SOCIETY

WANTED FOR GENOCIDE

 FELICIE KALISA	 AUGUSTIN BIZIMANA	 ARRESTED	 ARRESTED	 ARRESTED
 ARRESTED	 AUGUSTIN NGIRUKARE	 DÉODAT NIZIGAMA	 PROTAIS MUYAHA	 DALLIT NDOUMANA

YUSUF JOHN MUYAKAZI, RYNDOKAYO, CHARLES SHUKIBABO, ALOYS NOMBATI

INDICTED

Rewards of up to U.S. \$5,000,000 are offered for information that leads to the arrest of persons indicted by the International Criminal Tribunal for Rwanda for serious violations of international humanitarian law and their transfer to Tribunal custody. If you have information about any of the above persons, please contact Rewards for Justice through the telephone number or email below.

CALL NOW - Kinshasa (243) 8637180 or (243) 800308 | In the eastern Congo: (00250) 0857406
Nairobi (254) 722-298483 or (254) 733-290208

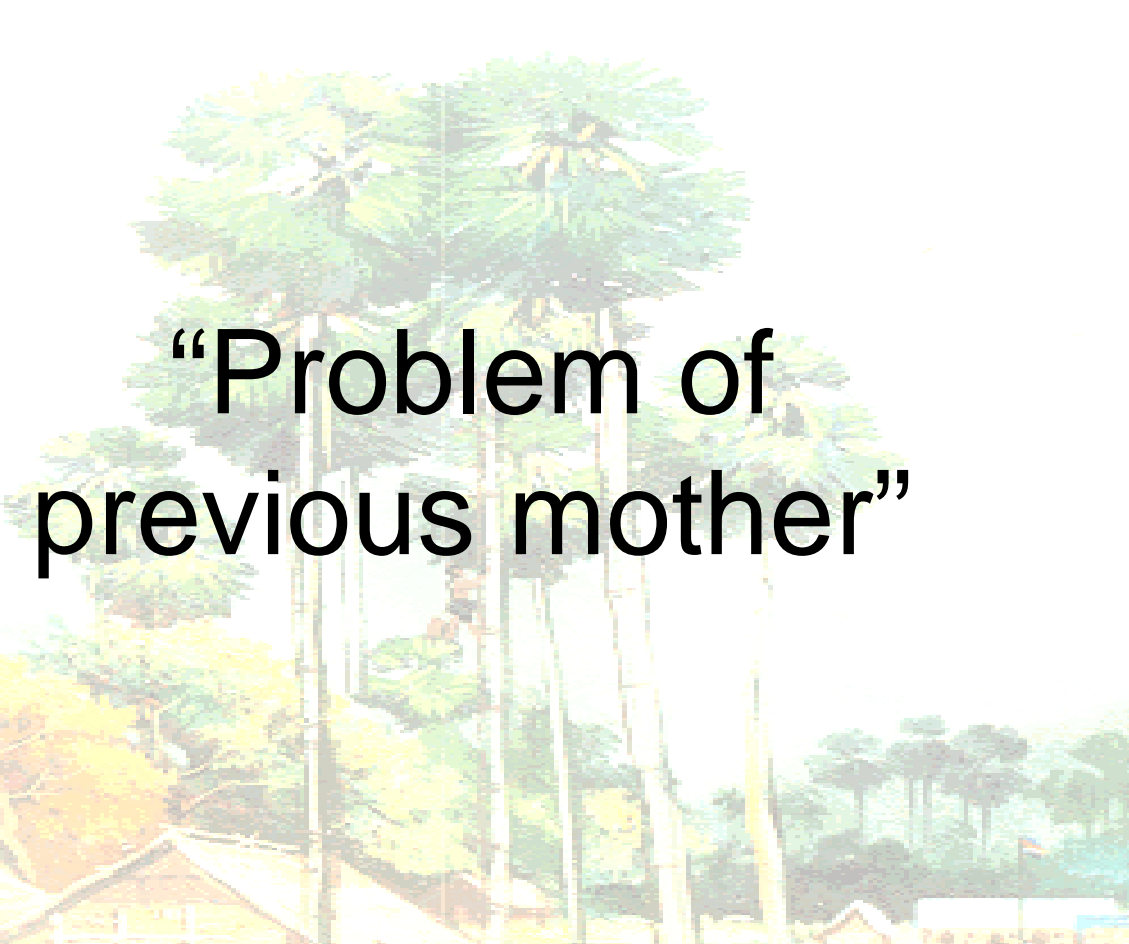
WRITE NOW - Kinshasa: JusticeRewards@yahoo.com | Nairobi: Rewards@ictrt.gov
ALL CONTACTS WILL BE KEPT CONFIDENTIAL | www.rewardsforjustice.net

UP TO U.S. \$5,000,000 REWARD

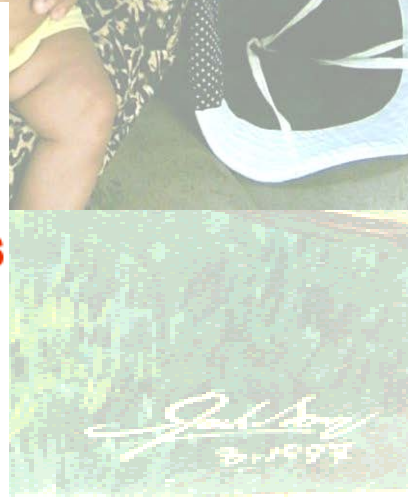




“Problem of previous mother”



reincarnation
mother
baby
loss
karma
previous
dead
fear
love
longing
dread
lonely
khmer
illness
healer
cry
caring
dying
anxiety
cosmology
kruu
prevention
life
disease
healing





Health

mental

conflict

trust

war

people

health

hope

means

Buying

some Pecha

Kucha time

delivery

care

traditional organizing

transformation go

allows get

collaboration everybody

fragile organized
show goal Repair

wants

mindset income

spirits

psychological

anyway human results
future

format

Freud

community

resilience

conflicting

healthy

mediators

unavoidable

together

relation

seen with

corresponded service

since states

mediums civilization

restore

Universality

reasons

process unite

theorizes

wee

healers time

parties

discontents

Einstein

mind

Link

cooperation

nature plenty

links

need

explain

Japanese

mindset

spirits

human results
future

Freud

format

restore

relation

seen with

corresponded service

since states

mediums civilization

restore

Universality

reasons

process unite

theorizes

wee

healers time

parties

discontents

Einstein

mind

Link

cooperation

nature plenty

links

need

explain

Japanese

mindset

spirits

human results
future

Freud

format

restore

relation

seen with

corresponded service

since states

mediums civilization

restore



Community versus 'Health' interventions

